

# Frontcountry Guidelines

## LEAVE NO TRACE – OUTDOOR ETHICS FOR FRONTCOUNTRY



### KNOW BEFORE YOU GO

- + Be prepared! Remember food and water, and clothes to protect you from cold, heat and rain.
- + Use maps to plan where you're going. Check them along the way so you'll stay on course and won't get lost.
- + Remember to bring a leash for your pet and plastic bags to pick up your pet's waste.
- + Learn about the areas you plan to visit. Read books, check online and talk to people before you go. The more you know the more fun you'll have.

### STICK TO TRAILS AND CAMP OVERNIGHT RIGHT

- + Walk and ride on designated trails to protect trailside plants.
- + Do not step on flowers or small trees. Once damaged, they may not grow back.
- + Respect private property by staying on designated trails.
- + Camp only on existing or designated campsites to avoid damaging vegetation.
- + Good campsites are found, not made. Don't dig trenches or build structures in your campsite.

### TRASH YOUR TRASH AND PICK UP POOP

- + Pack it in, Pack it out. Put litter—even crumbs, peels and cores—in garbage bags and carry it home.
- + Use bathrooms or outhouses when available. If not available, bury human waste in a small hole 6-8 inches deep and 200 feet or 70 big steps from water.
- + Use a plastic bag to pack out your pet's poop to a garbage can.
- + Keep water clean. Do not put soap, food, or human or pet waste in lakes or streams.

### LEAVE IT AS YOU FIND IT

- + Leave plants, rocks and historical items as you find them so others can enjoy them.
- + Treat living plants with respect. Carving, hacking or peeling plants may kill them.

### BE CAREFUL WITH FIRE

- + Use a camp stove for cooking. Stoves are easier to cook on and create less impact than a fire.
- + If you want to have a campfire, be sure it's permitted and safe to build a fire in the area you're visiting. Use only existing fire rings to protect the ground from heat. Keep your fire small.
- + Remember, a campfire isn't a garbage can. Pack out all trash and food.
- + Before gathering any firewood, check local regulations.
- + Burn all wood to ash and be sure the fire is completely out and cold before you leave.

### KEEP WILDLIFE WILD

- + Observe wildlife from a distance and never approach, feed or follow them.
- + Human food is unhealthy for all wildlife and feeding them starts bad habits.
- + Protect wildlife and your food by securely storing your meals and trash.

### SHARE OUR TRAILS AND MANAGE YOUR PET

- + Be considerate when passing others on the trail.
- + Keep your pet under control to protect it, other visitors and wildlife.
- + Listen to nature. Avoid making loud noises or yelling. You will see more wildlife if you are quiet.
- + Be sure the fun you have outdoors does not bother anyone else. Remember, other visitors are there to enjoy the outdoors too.